



COVID-19: QUARANTINE BEHAVIOUR INSTRUCTIONS

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LACK OF SYMPTOMS MEANS NOTHING

- Carrier
- Host



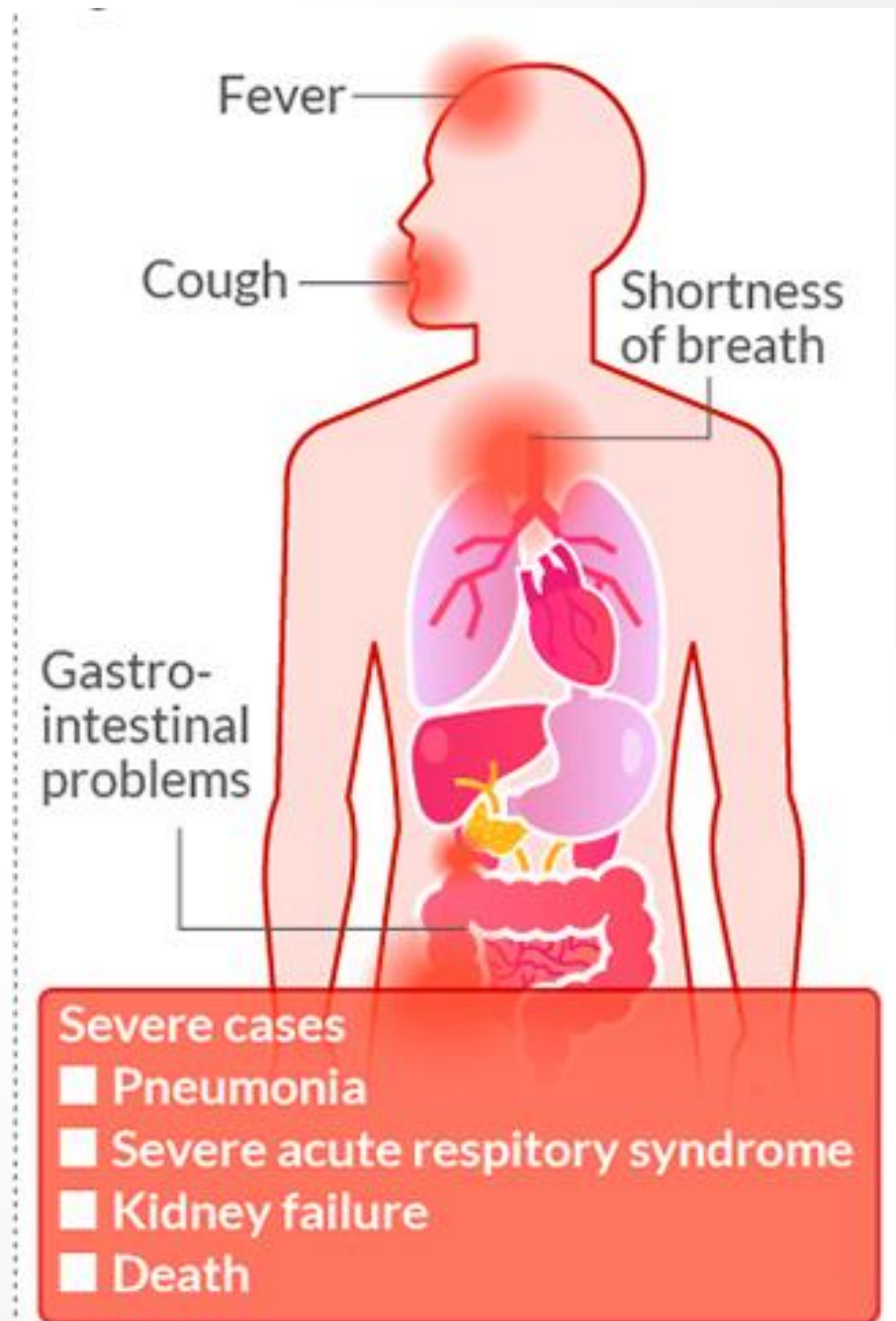
AIRBORNE VIRUS

- Coughing
- Sneezing
- Speaking



SYMPTOMS

- Fever
- Cough
- Shortness of breath
- Digestive system malfunction



VIRUS CONTAINMENT PROCEDURES

- Practice social distancing
- Avoid touching your face
- Wash hands frequently
- Avoid crowded places
- Cover your mouth and nose while sneezing
- STAY AT HOME FFS!!!

STAY HEALTHY

- Thank you for listening

